

## Bethesda House of Schenectady, Inc. ~ Program Schedule ~

*Our vision: Human society is a just, hospitable and inclusive community rooted in and affirming the inherent dignity of every person.*

### **Mondays**

- First Monday of the Month Alliance for Positive Health HIV/STD testing from 1:00pm-3:00pm
- Every Monday 9:30 am – 10:30 am CODI Project/New Choices Support Group

### **Tuesdays**

- ❖ Second and Third Tuesdays of the Month Food Pantry: 9:00-11:30am and 1:00-3:00 pm or **until capacity is met**
- ❖ Second Tuesday of the Month Nutrition Education Cornell Cooperative Extension- 10:00am – 11:00 am\_

### **Wednesday**

- ❖ Fidelis Care Rep: 1-3pm
- ❖ Clothing Room: 9-11:30am and 1-3pm
- ❖ Blood Pressure Clinic: 1-2:30pm Every other Wednesday

### **Thursdays**

- ❖ Women's Group (Lunch Provided) 11:30am-1pm
- ❖ Men's Group ( Lunch Provided) 11:30-1pm
- ❖ P.G Wright Food Pantry, Yates Village, 9am- 11am ( 12308 ONLY) **closed last Thursday of the month**

### **Ongoing Services (Monday-Friday)**

**Hours 9:00-11:30am & 1:00-4:30pm**

- Daily Meal: Monday-Friday 2:30pm-4pm
- Hospitality Center
- Assistance with Finding Permanent Housing
- Case Management
- Social Work
- Representative Payee (Assistance with Managing Personal Finances)
- Showering Facilities
- Personal Hygiene Items
- Laundry Facilities
- Phone/Fax
- Apartment/ Lead Sheets
- Community Service Opportunities Monday-Friday from 9:00am-4:30PM